4J Studios scottishathletics Combined Events and Masters Championships
Saturday 9th July 2022          with Parallel Success and Open Events
                              FINAL TIMETABLE          Regional Performance Centre, Dundee

| Athletes must declare their intention to compate at least 60mins prior to the scheduled start of their event. | | | | |
|---|---|---|---|---|
| **Track** | | | | |
| **Event No** | **Time** | **Event** | **Age** | **Round** |
| 1 | 10:00 | 2000m SC | Open / Masters Women | Final |
| 2 | 10:15 | 100m | Sen / U20 / U17 / Mas Men CE | CE |
| 3 | 10:25 | 100m Hurdles | Sen / U20 Women | CE |
| 4 | 10:35 | 75m Hurdles | U13 Boys CE | CE |
| 5 | 10:40 | 80m Hurdles | U15 Boys CE | CE |
| 6 | 10:45 | 100m | Masters Men / Women / Para | Final |
| 7 | 11:10 | 80m Hurdles | U17 / Mas Women CE | CE |
| 8 | 11:35 | 800m | Masters Men / Women | Final |
| 9 | 12:00 | 3000m SC | Open / Master Men | Final |
| 10 | 12:25 | 200m | Masters Men / Women | Final |
| **Lunch** | | | | |
| 11 | 13:30 | 400m | Masters Men / Women | Final |
| 12 | 14:10 | 1500m | Masters Men / Women | Final |
| 13 | 15:05 | 200m | Sen / U20  Wom CE | CE |
| 14 | 15:30 | 200m | U17W / Mas Women CE | CE |
| 15 | 15:45 | 800m | U15 / U13 Boys CE | CE |
| 16 | 16:45 | 400m | Sen / U20 / U17 / Mas Men CE | CE |
| **Combined Events Athletes - The Start and Report time for subsequent events will be listed at the CE Rest Area.** | | | | |
| **Paralell Success athletes will be placed in appropriate heats  according to their seed time.** | | | | |

**Athletes must declare their intention to compate at least 60mins prior to the scheduled start of their event.**

## FIELD

| Event No | Time | Event | Age | |
|---|---|---|---|---|
| 17 | 10:00 | High Jump | U15 Boys CE | SH 1m13 |
| | | | U13 Boys CE | SH 1m07 |
| 18 | 10:00 | Hammer | Masters Men / Wom / Para | |
| 19 | 10:50 | Long Jump | Sen / U20 / U17 / Mas Men CE | |
| 20 | 11:05 | High Jump | Sen / U20 Women CE | SH 1.24 |
| 21 | 11:30 | Javelin | Masters Men / Women | |
| 22 | 11:45 | Long Jump | Masters Men / Para | |
| 23 | 12:15 | High Jump | U17W / Mas Women CE | SH 1m18 |
| 24 | 12:15 | Shot Put | Sen / U20 / U17 / Mas M CE | |
| 25 | 12:50 | Shot Put | U15 / U13 Boys CE | |
| 26 | 13:00 | Discus | Masters Men M60 and under / Para | |
| 27 | 13:30 | Shot Put | Sen / U20 Wom CE | |
| 28 | 13:45 | High Jump | Sen / U20 / U17 / Mas Men CE Pool 2 Masters Men / Women | SH 1m22 |
| 29 | 14:20 | Shot Put | U17W / Mas Women CE | |
| 30 | 14:30 | Discus | Masters Men M65 and over / Mas Women | |
| 31 | 14:40 | Long Jump | U15 / U13 Boys CE | |
| 32 | 15:00 | High Jump | Sen / U20 / U17 / Mas Men CE Pool 1 | SH 1.55 |
| 33 | 15:15 | Shot Put | Masters Women / Para | |
| 34 | 16:00 | Triple Jump | Masters Men | |
| 35 | 16:00 | Shot Put | Masters Men | |

**Warm Up - Minimum 2 Attempts**

**Combined Events Athletes - The Start and Report time for subsequent events will be listed at the CE Rest Area.**

**Masters - Athletes achieving the Merit Standard will be granted a further 3 attempts**

**Paralell Success athletes will be placed within the Masters Field Event programme**

**Athletes must declare their intention to compate at least 60mins prior to the scheduled start of their event.**

## Track

| Event No | Time | Event | Age | Round |
|---|---|---|---|---|
| 36 | 10:00 | 110m Hurdles | Sen / U20M / Mas Men CE<br>Masters Men | CE |
| 37 | 10:10 | 100m Hurdles | U17 Men / Mas Men CE | CE |
| 38 | 10:30 | 5000m | Mas Men / Women | Pool 2 |
| 39 | 11:15 | 75m Hurdles | U15 Girls CE | CE |
| 40 | 11:40 | 70m Hurdles | U13 Girls CE | CE |
| 41 | 11:55 | 5000m | Masters Men | Pool 1 |

### Lunch

| Event No | Time | Event | Age | Round |
|---|---|---|---|---|
| 42 | 14:30 | 800m | U17 Women CE | CE |
| 43 | 15:10 | 800m | Sen / U20 / Mas Women CE | CE |
| 44 | 15:40 | 800m | U13 Girls CE | CE |
| 45 | 16:40 | 800m | U15 Girls CE | CE |
| 46 | 17:00 | 1500m | Sen / U17 / Masters Men CE | CE |
| 47 | 17:10 | 1500m | U20 Men CE | CE |

## FIELD

| Event No | Time | Event | Age | |
|---|---|---|---|---|
| 48 | 10:00 | Long Jump | U15 Girls CE | |
| 49 | 10:00 | High Jump | U13 Girls CE | SH 1m04 |
| 50 | 10:45 | Discus | Sen / U20 / U17 / Mas Men CE | |
| 51 | 11:00 | Long Jump | U17W / Mas Women CE | |
| 52 | 12:00 | Long Jump | Sen / U20 Wom CE | |
| 53 | 12:45 | Shot Put | U15 Girls CE | |
| 54 | 12:45 | Javelin | U17 Women CE | |
| 55 | 13:00 | Pole Vault | Sen / U20 / U17 / Mas Men CE<br>Masters Men | SH 2m07<br>& 2m67 |
| 56 | 13:30 | Long Jump | U13 Girls CE | |
| 57 | 13:45 | Javelin | Sen / U20 Wom CE | |
| 58 | 14:30 | Shot Put | U13 Girls CE | |
| 59 | 14:45 | High Jump | U15 Girls CE Pool 2 | SH 1m08 |
| | | | U15 Girls CE Pool 1 | SH 1m23 |
| 60 | 15:45 | Javelin | Sen / U20 / U17 / Mas Men CE | |

**Warm Up - Minimum 2 Attempts**

**Combined Events Athletes - The Start and Report time for subsequent events will be listed at the CE Rest Area.**